

# THE LIFESAVER

Bi-Monthly newsletter of The Indian Resuscitation Council Federation



## ISA-BORIVALI Vasai-Virar team

VASAI- NALASOPARA - VIRAR

With the medical and paramedical fraternity of Vasai- Nalasopara - Virar gearing up for the marathon, On 2nd December 2022, ISA-BORIVALI Vasai-Virar team took 4th session of COLS with AED and airway!! amid the presence of around 30 + doctors. They also had a few additional sincere attendees who had come for a revision of the hands on session. They were well appreciated and felt proud to be of help.

Thanks to member, Usha Desai Mam for making the venue available and ensuring technical support.

Sharing below the names of the team members present and a few pictures.



**COMPRESSION ONLY LIFESUPPORT**

**HANDS ON TRAINING**

**DRAFT ONLY**



HAPPY  
NEW YEAR



MESSAGE FROM  
**CHAIRMAN'S DESK**

About 4280/100,000 citizens are succumbed to Sudden Cardiac Arrest every year, amounting to 112 people per minute in India. Less than 2% of the population are aware of CPR in India as per the survey conducted in 2016 by Lybrat. The Indian Society of Anaesthesiologists (ISA) has taken it as a challenge to decrease these preventable deaths by creating awareness in CPR and training every citizen a lifesaver in the year 2017.

The Indian Resuscitation Council (IRC) was initiated describing Indian guidelines as the issues and problems are different from the western world like lack of proper emergency medical system, lack of awareness of CPR, Lack of community AED, Ambulances not equipped with AED, superstitions, customs, different religions, languages. We have plans to create awareness, create training by Comprehensive Resuscitation Training Centers (CRTC) in every Medical College and every district. We have also approached ILCOR for a membership, who advised us to form a Federation of IRCF involving all the specialties who are regularly involved in resuscitation.

We got the blessings of Dr Vinay Nadkarni Ex Chair of ILCOR and AHA, Bernd Bottiger, the Chairman of German resuscitation Council and Treasurer of European Resuscitation Council, Dr Andrew Lokey Chairman of Resuscitation Council of UK and others. We have been participating in the World Restart A Heart Day on 16th October every year since 2018 where we have shown high figures of training in CPR.

This year we have promised them that we trained one million Life saver and we trained 9,30, 232 for Compression only Life support, 80,000 for foundation course of medical students, and created awareness on Doordarshan TV, social media network for about 30,00,00,000 people far and wide of Republic India.

The Indian Academy of Paediatrics, and National Neonatology forum has joined with IRC and we made it IRCF registered section 8 of companies act 2013 as a non-profitable organization. We have corporate identity number of the company, PAN, TAN, Concessions of IT 80G and 12A, registered as NGO of NITI Aayog, registered with Darpan also.

Meanwhile we approached the Directorate of CBSE and got our IRCF CPR program included in the curriculum at the 9th standard level. The Director General of Health Services has welcomed us and started CRTCs in the CGHS Hospitals, NMC has introduced CPR in the 1st year MBBS as a foundation course. Dr NTRUHS, the AP Medical University has endorsed the IRCF and made it mandatory to have certified BCLS training to obtain the MBBS certificate.

IRCF CPR program has COLS, BCLS, CCLS, NABH accreditation. IRCF is very cost effective and we trust in AATMA- NIRBHAR BHARAT. This year lets celebrate Azadi Ka Amrit Mahotsav by training two million lifesaver. I request you to accept to be the Ex-officio member/ Founder member as Indian Society of Anaesthesiologists has initiated.



Dr.Padmashree Jadhav  
Dr.Tejveer Singh Chauhan  
Dr.Ashwini Joglekar  
Dr.Aishwarya Dhodapkar  
Dr.Priyamvada Deshmukh  
Dr.Nitin Kolhe





# IMA Trivandrum

Organised Compression Only Life Support (COLS) Training for Bhagathsingh Youth Force Volunteers on 4th December 2022 at Sahithya Panjanana Grandhashala Vattiyoorkavu. Dr. Sreejith R was the trainer.



# NATIONAL MEDICOSE ORGANIZATION



## Rajeev Gandhi Technical University, Bhopal

*by Dr Yogesh Bhooshan jain*

Cpr workshop at Rajeev Gandhi Technical University, Bhopal auditorium for approximately 150 medical students and others of 1st and 2nd year in National Medicose Organization annual conference at Bhopal on 5 Nov 22.



# CPR TRAINING WORKSHOP



## Mahaveer Institute Of Medical Sciences, Bhopal

Cpr Training Workshop At Mahaveer Institute Of Medical Sciences, Bhopal Have Been Done., For "100." First And Second Year M.B.B.S; Students And Hospital Staff And Nurses On 12 November 2022.

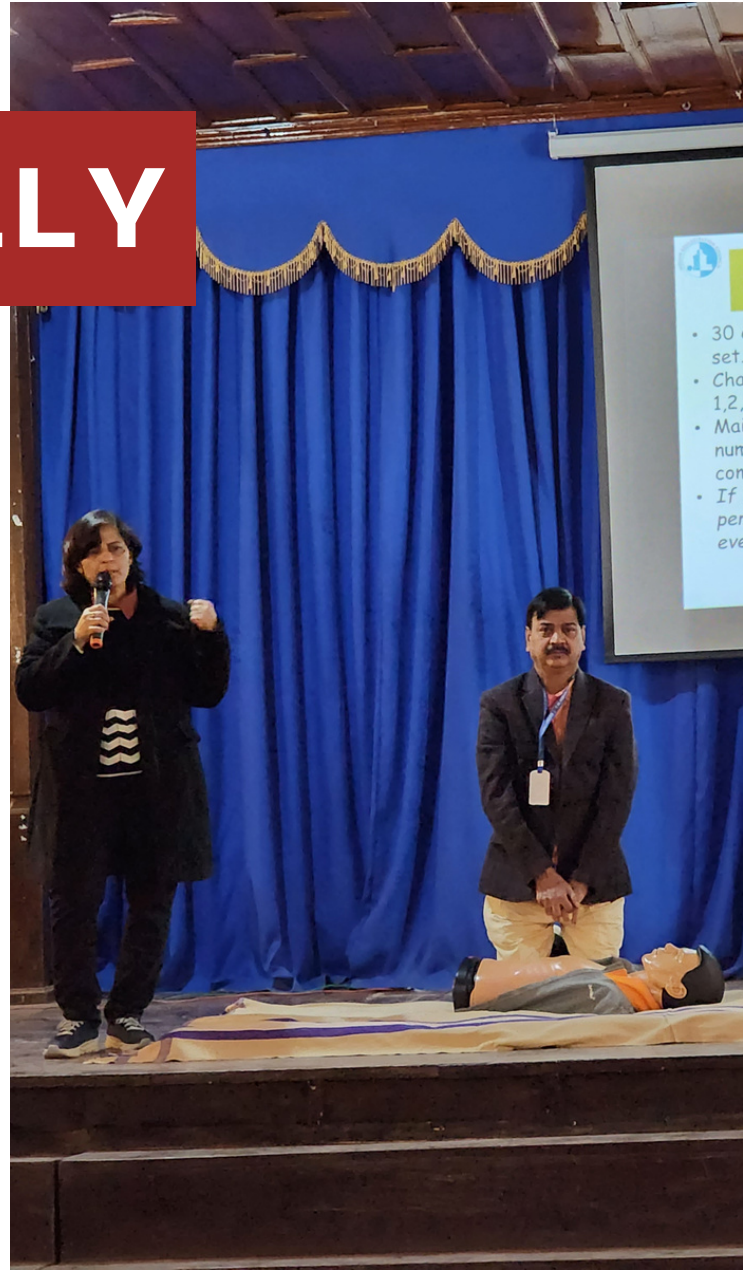




# ISA BAREILLY

## HANDS ON WORKSHOP

\*ISA Bareilly\* with rotary club organized CPR hands-on workshop on 13th Nov 2022 at \*St. Joseph's College, Nainital\* and trained approx 300 students & staff.





## Mahacriticon jalgaon 2022

Mahacriticon jalgaon 2022.

Conducted 6 workshop on 18 th nov 2022.

Simultaneously with the team of 3 workshop coordinator for every workshop. 4 workshop at hotel president



Trauma  
Toxicology  
Mechanical ventilation  
Hemodynamic.

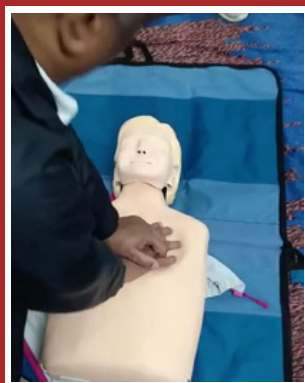
One at government medical college (USG/echo in icu ).One at royal palace hotel(obstretic critical care) 19 th and 20 th two days scientific programe including neuro ,cardiac ,nephro critical care , medicolegal,obstretic and toxicology panel discussion with liver , gi and sepsis ..400 delegates attended along with 60 faculty .



# COLS

## COMPRESSION ONLY LIFE SUPPORT

Sharing glimpses of COLS Training conducted at Ryan Education School Jaipur Rajasthan. Conducted by Dr Arun Sharma, Jaipur.



The COLS emphasises on early recognition of cardiac arrest and activation, early chest compression and early transfer to medical facility. The guidelines emphasise avoidance of any interruption of chest compression, and thus relies primarily on chest compression-only CPR by laypersons.



## Compression Only Life Support

COLS training program for ophthalmologists...in Guwahati.

By Dr Daisy Gogoi.

