

IRCF NEWS LETTER

INDIAN RESUSCITATION COUNCIL FEDERATION



IRCF signed a MoU with the Healthcare Sector Skill Council in Delhi on 28th May 2024

**First CCLS TOT was conducted at Osmania Medical College, Hyderabad.
First CCLS provider course for PGs was conducted at SV Medical College, Tirupathi**

Training in Basic Skills of Life Support is now Mandatory In Universities & Colleges: UGC

Boy with cardiac arrest resuscitated on the road by a Gynecologist

**Patron: Dr. Siddha SC Chakra Rao
Editor in Chief: Dr. Mukul C Kapoor
Managing Editor: Dr. Prasanthi Alla**

First CCLS TOT at Osmania Medical College, Hyderabad.

IRCF has started its activities in Telangana. The first BCLS & CCLS TOT workshop was conducted on 28 April 2024 at Osmania Medical College, Simulation Lab, Hyderabad. As part of this TOT program, a three-day online course was conducted from 23 April to 25 April.

It's a mark of history that all such events happened in Hyderabad. The First meeting to form the Indian Resuscitation Council started on 16 April 2017 here. This program was organized by Dr. Pandu Naik, Prof & HOD of Anaesthesiology, Osmania Medical College.



Dr. Vivek Gupta from Ludhiana, Dr. S Srinivasa Rao, Dr. Prasanthi Alla, Dr. KL Subramanyam and Dr. N. Hemanth participated as lead instructors.

First CCLS provider course for post graduates conducted at SV medical college, Tirupathi, AP.

The first CCLS provider course for postgraduates was conducted on May 1st and 2nd, 2024, at SV Medical College. 27 postgraduates from various departments from all over the state attended the workshop.



Dr. Alok Samanta Ray, Dr. J. Radha, Dr. Sreenivasarao Surisetty, Dr. Srinivas Yadav, Dr. Ramesh, and Dr. Gnapika participated as faculty.

CCLS TOT workshops in Andhra Pradesh.

CCLS TOT workshops were conducted for 52 members at Kakinada on 19th May 2024.

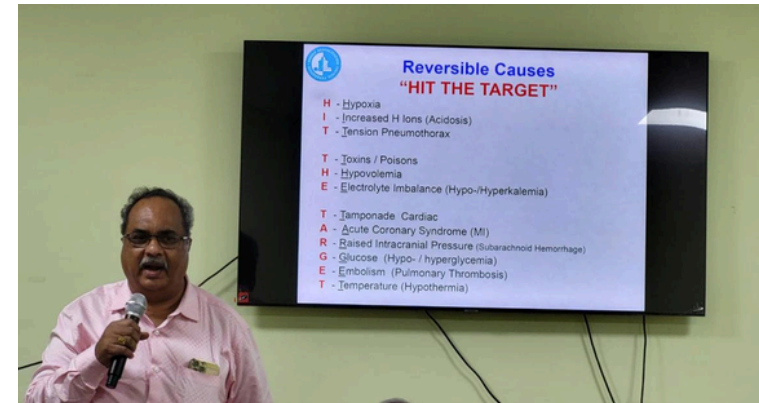


Dr. Rasesh Diwan, Director, IRCF Training led the Team of Instructors. Dr. S. Sreenivasa Rao and Dr. Sreenivasa Yadav participated as Faculty.

The inaugural function was graced by Dr. SSC Chakra Rao, IRCF Chairman, Dr. DVSL Narasimhan (DME), and Dr. A. Vishnu Vardhan, HOD, RMC, Kakinada.

CCLS TOT workshops in Andhra Pradesh.

CCLS TOT workshops were conducted for 42 members at Visakhapatnam on 17-18 May 2024.



Dr. Rasesh Diwan (Director, IRCF Training), Dr. S. Sreenivasa Rao (IRCF AP Coordinator), Dr. Sreenivasa Yadav, Dr. Kiran Kumar (Emergency Physician), Dr. Alok SamantaRay (ILCOR Task Force Member), participated as Faculty.

Dr. SSC Chakra Rao (IRCF Chairman), Dr. V. Ravi Kumar (HOD, AMC, Visakhapatnam), Dr. V. Kuchela Babu (Past President ISA National), Dr. A. Padmaja (Addl. DME), graced the Inaugural function.

CCLS TOT workshop in New Delhi

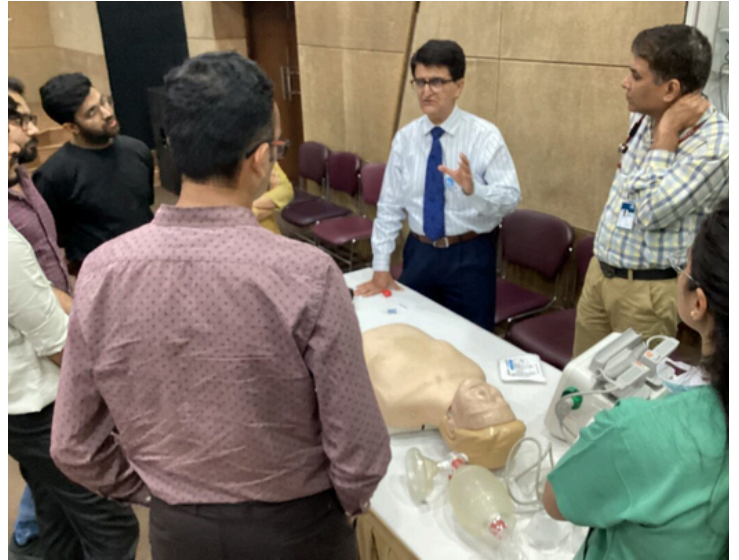
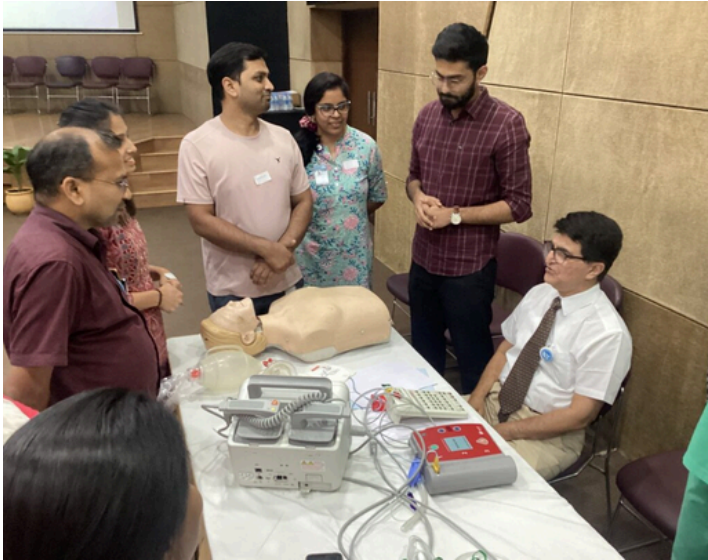
CCLS TOT was conducted at Safdarjung Hospital, New Delhi, on 14th June 2024. 21 instructors were trained



**Dr. Rasesh Diwan, Dr. Rakesh Garg,
Dr. Baljit Singh and Dr. Usha Ganapati
participated as faculty.**

BCLS & CCLS Courses at New Delhi

2 BCLS - CCLS Courses were conducted at Indraprastha Apollo Hospital, New Delhi from 27th to 30th May. 37 doctors were trained.



Dr. Rasesh Diwan, Dr. Dhruv Jain, Dr. Sana Husain, Dr. Rizwana, Dr. Anupama Sharma, Mr. Arunraj M participated as faculty

Indian Resuscitation Council Federation signed MOU with Health Sector Skill Centre at Delhi on 28th May 2024

- **On 28th May 2024, an MOU was signed between IRCF and the Health Sector Skill Council.**
- **Ashish Jain, CEO of the Health Care Sector Skill Council, and Dr. Siddha SC Chakra Rao (Chairman of IRCF) signed the MOU.**
- **Dr. Rasesh Diwan, Director of Training IRCF; Dr. Baljit Singh, Director of Scientific Committee IRCF and Member of Taskforce Committee ILCOR; Dr. Rakesh Garg, Director of Scientific Committee IRCF and Member of Taskforce Committee ILCOR; and Ms Megha Agarwal, AGM, Health Care Sector Skill Council witnessed the landmark occasion.**



COLS Trainings - Andhra Pradesh

COLS training conducted for 25 ambulance drivers by CRTC, Kadapa on 23 May 2024



Dr. B.Vara Subramanyam, Dr. S. Sonu and Dr. Rizwan participated as instructors

BCLS Workshops - Karnataka

BCLS Workshop was conducted for Interns of Chamarajnagar, Karnataka CIMS on 27 Apr 2024. 135 Interns were trained and certified in BCLS



BCLS Workshops - Kerala

Comprehensive Resuscitation Training Centre (CRTC) IMA Trivandrum conducted BCLS Training for Veterinary doctors of the Institute of Animal Husbandry and Veterinary, Palode on 11th June 2024. Dr Sreejith R and Ms Parvathy were the trainers.



BCLS certification course for OT technicians was conducted at Moulana Hospital, Malappuram, Kerala on 14 Jun 2024

Dr Sasidharan, Dr Jaleel and Dr Vipin were the faculties



BCLS WORKSHOPS - Haryana

BCLS Course conducted by CRTC Rohtak, at Rohtak, Haryana. 40 students were trained.



DR. Sunil Sethi, Dr. Gopal Goyal, Dr. Monika Chhkara, Dr. Preethi Gehlat, Dr. Jatin Lal, Dr. Amit Rana, Dr. Neha Sinha and Dr. Naveen Malhotra participated as instructors

BCLS Workshops - Andhra Pradesh

CRTC at Govt Medical College , Eluru, Conducted BCLS training for 154 in-service GNM students of Govt School of Nursing, GGH, Eluru from 20-05-24 to 24-05-24.

Dr. Hemalatha, Dr. Vijayakumar, Dr. Sivaram, Dr. Kishorekumar, Dr. Sindhu, Dr. Ruby Grace participated as instructors.



BCLS TRAINING IN CRTC GGH KAKINADA on 05-06-2024



40 GNM Nursing students were given BCLS training on 05-06-2024 at GGH, Kakinada.

Dr. Praveena, Dr. Nafisa, Dr. Rama Krishna and Dr. Prudhvi participated as instructors

Training in Basic Skills of Life Support Mandatory In Universities & Colleges: UGC

The UGC has written a letter to the VCs and Principals of higher educational institutes about the importance of knowing Basic Cardiac Life Support (BCLS) techniques. The UGC stated that even common people can help in times of sudden cardiac arrest.




आचार्य मनिष र. जोशी
सचिव
Prof. Manish R. Joshi
Secretary




आज़ादी का
अमृत महोत्सव
विश्वविद्यालय अनुदान आयोग
University Grants Commission
(शिक्षा मंत्रालय, भारत सरकार)
(Ministry of Education, Govt. of India)

D.O.No.2-17/2024(CPP-II)

30th May, 2024/09 ज्येष्ठ, 1946


SUBJECT: DEMAND FOR MANDATORY BLS TECHNIQUE TRAINING IN HEIS TO REDUCE SUDDEN CARDIAC ARREST DEATH RATE- REGARDING.

आदरणीय महोदया/महोदय,

As you are aware, Sudden cardiac arrest cases have become a leading cause of mortality in India, claiming thousands of lives each year. A study reveals an annual death rate of one crore in the country, with one million attributed to sudden cardiac arrest alone. The critical 3 to 10 minutes during cardiac arrest, as emphasized by cardiologists, could save 3.5 lakh lives if bystanders performed chest compressions within this time frame. Unfortunately, a mere 0.1 percent of people are aware of Basic Life Support (BLS) techniques. Therefore, it is desirable to provide BLS training in the education sector, which could potentially save numerous lives.

The Higher Educational Institutions are requested to provide BLS training in consultation with the medical fraternity for the benefit of students, faculty, and staff.

सादर,

भवदीय,

(मनिष जोशी)

सेवा में,
सभी विश्वविद्यालयों के कुलपति।
सभी महाविद्यालयों के प्राचार्य।

Boy with cardiac arrest resuscitated on road by Gynecologist

On 5th May 2024 at 5:30pm, Dr. Ravali Nannapaneni, an Obgyn specialist of Vijayawada city, AP state, traveled from her grandparents' house in Ayappa Nagar to her home with her parents in her car. She saw a person holding a 6-year-old boy (Ghattamaneni Devansh) on his shoulder, running on the road with 10 people around him, hounding in fear and crying. She stopped her vehicle and asked that person what had happened. He said that the boy was electrocuted and was unresponsive. Dr. Ravali asked them to lay down the boy on the road and checked his response by tapping his shoulders. There was no response, so she asked people around her to call the ambulance. She checked for his breathing and pulse simultaneously for 10 seconds.

There is no breathing. Saliva drooling from his mouth. Carotid Pulse not felt. CPR was the first thought that struck her mind. She took the help of a common man there on the road for 2 ventilations (mouth-mouth breathing) after every 15 compressions and continued this cycle. After 3-4 mins, there was a gasping breath response from the kid. She continued CPR for 2 more minutes.

The child gave her an eye blink and hand movement. Carotid pulse was felt, and breaths were regular. As the ambulance did not arrive in time, she took the help of 2 2-wheeler and, with the help of a common man shifter, that boy on 2 2-wheeler with legs up and head down to drain out drooling saliva and shifted him to a nearby hospital. After 2 hrs of the incident, the hospital authorities called Dr. Ravali and informed them that the boy was maintaining his vitals well and his general condition was good. A CT scan of the brain done after 24 hours showed no abnormality, and the boy was discharged. The boy's parents expressed their gratitude to Dr. Ravali for saving their child by performing CPR.



Dr. Ravali with Devansh



Felicitation of Dr. Ravali

IRCF chairman Dr. Siddha SC Chakra Rao and DME of AP State. Dr. DVSL Narasimham felicitated Dr. Ravali in the DME office at Vijayawada and appreciated Dr. Ravali as a “Good Samaritan.” (Good Samaritans are persons who go out of their way to perform acts of kindness to others, especially strangers.) Addl DME Dr. T. Surya Sree, AP Nursing Council registrar Dr. K Suseela, and AP state IRCF coordinator Dr. S. Sreenivasa Rao graced the occasion.

COLS Trainings, Kerala

- **COLS and First Aid Training at Medibless Clinic, Pallod, Thiruvananthapuram.**
- **Dr. Jayachandran and Dr. Sasidharan P were the faculty - Smt Prabhavathy, MD of the clinic, inaugurated the training session by doing Chest Compression**



Sri Adv. Mons Joseph, MLA, inaugurated the COLS and First Aid Training organized by “Yogaskema Sabha”, Kuravilangad unit in the presence of the chief guest Smt Ralph Antony Thomas, Kuravilangad Gramapanchayath, Kerala



Dr. Domenic, Dr. Hema and Dr. Sasidharan participated as the faculty