



Indian Resuscitation Council Federation

IRCF

NEWSLETTER

Editor's Word

Women Empowerment in Resuscitation

The world recently celebrated International Women's Day. The day commemorates the contribution of women in all spheres of life. It is an acknowledgment of the immense and diverse work women perform in a world, which was considered male-dominated. The contribution of women in the field of resuscitation is no less, in fact, it is exemplary.

The Indian Resuscitation Council Federation salutes the exceptional women who have been instrumental in spreading awareness of resuscitation amongst the populace of our country and also for training a large number of people in resuscitation across the country.

The Indian Resuscitation Council Federation has been at the forefront to train our lay countrymen on the basics of resuscitation. We have made inroads across the country and have managed to reach out to districts and rural areas. We have regularly conducted demonstrations of Compression-Only Life Support (COLS) in varied environments.

Women have been at the forefront in conducting these training programs. The leadership role played by prominent lady members of the IRCF was exemplary. The enthusiasm displayed by the lady members of the IRCF was extraordinary. Most of these women trainers hold leadership positions in their respective state and district branches of professional associations.

Women today are no longer restricting themselves to secondary roles as dainty damsels and are excelling in all spheres of life. They are even performing soldiering roles in the armed forces. They are no longer considered the physiologically weaker gender. Administration of CPR involves manual work but high-quality delivery of CPR depends more on correct techniques and following correct algorithms. Women are ideally positioned to don a prime role in the delivery of CPR and saving lives.



Dr Mukul Kapoor

Editor in Chief
IRCF Newsletter

The potential role women can play in resuscitation needs to be emphasized. The majority of sudden cardiac arrests occur at homes. It is of immense importance that cardiopulmonary resuscitation is instituted as early as feasible. Women, especially homemakers, generally witness these mishaps of their dear ones. Women present at the site should thus ideally be the first responders for cardiac arrests at home. Thus it is of utmost importance that all women are trained in the art and science of CPR.

Women are perfectly poised to take up the role of Life Savers. We need to target training the women of the world in a big way. An initiative to train more women in CPR will be a true tribute to the women of today and will amplify the realization of the importance of women.

The IRCF organized CPR training modules across the country on International Women's Day, 08 March 2022, to train women with the resuscitation guidelines formulated by IRCF specially designed for the Indian population. IRCF works on the motto 'Every Citizen A Lifesaver' and IRCF will endeavor to ensure this, irrespective of gender.

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MARCH

WOMEN'S DAY SPECIAL
CPR Training

HAPPY
WOMEN'S
DAY



Dr. Vani Madhavi, Amalapuram. COLS program.





IMA Odisha State Branch. COLS program





ABVIMS & Dr. RML Hospital, Delhi. COLS program





Dr. Shubhi Singhal, New Delhi. COLS program.



MADHUMANI CONFERENCE HALL



IMA Nandyal Branch. COLS program.

HUMANI CONFERENCE HALL



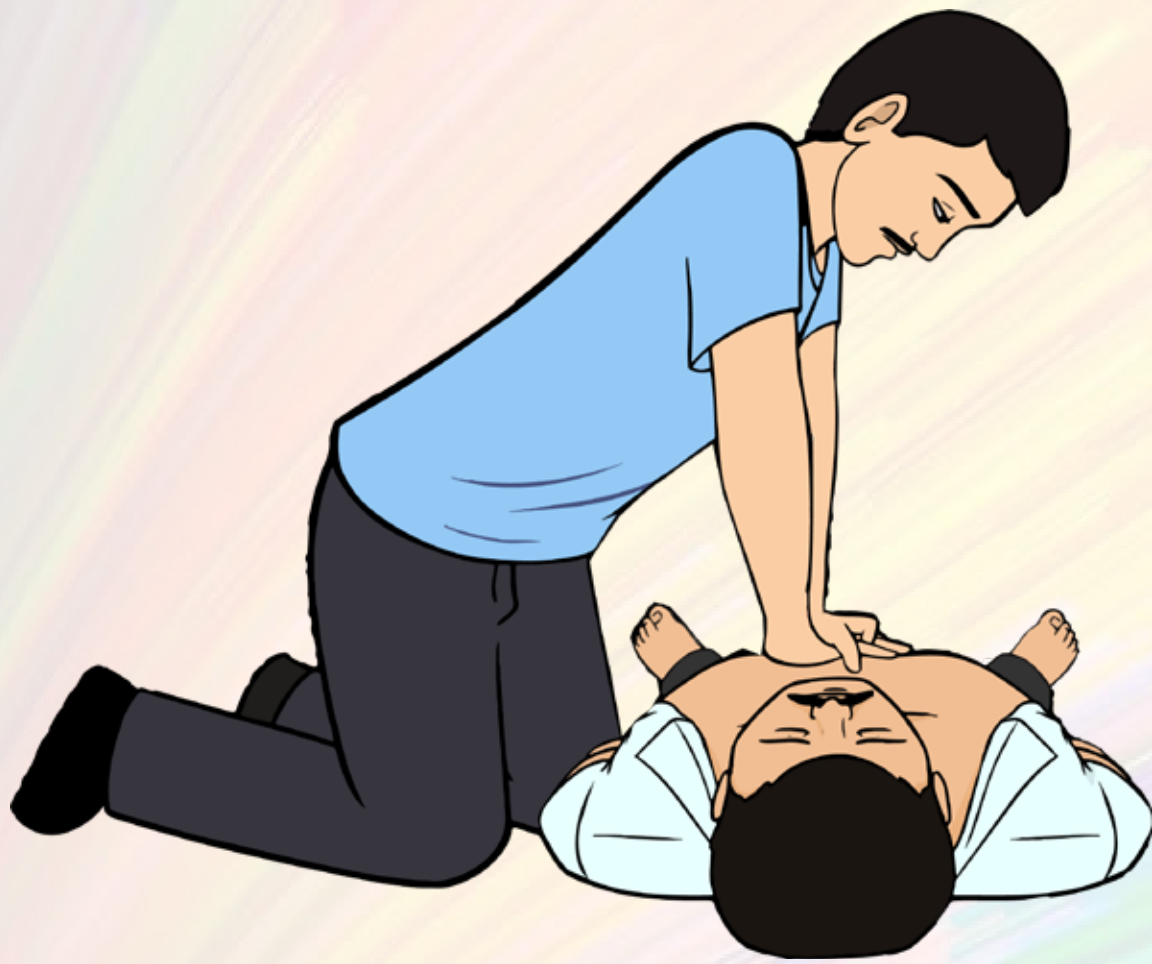


Celebrations, Lady Anaesthesiologists, Udaipur.





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Amrit Mahotsav



Every Citizen A Lifesaver



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